

Prospect Presbyterian Church
9425 West NC 152 Hwy
 Mooresville, NC 28115

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THE GOOD PROSPECTS

PROSPECT PRESBYTERIAN CHURCH

9425 West NC 152 Hwy, Mooresville, NC 28115

Church Office Hours:

Monday – Thursday: 7:00am - 5:00pm

Closed for lunch: 1:30pm - 2:30pm

Closed on Fridays

Email:

Pastor: willgipe@hotmail.com

Nurse: Virginia.Stewart@atriumhealth.org

Office: office@prospectpres.org

ADDRESS SERVICE REQUESTED

2022

Sunday School: 9:30 am

Worship Service: 10:30 am

Telephone: (704) 664-1514

Will's Cell: 1-276-275-1942

Fax: (704) 664-9612

Website: www.prospectpres.org

FROM YOUR PASTOR'S KEYBOARD:

Purity Ruchugo continues to update us on the good work that her ministry, Sister2Sister, is doing in Kenya (her home country). She expresses her appreciation for the prayers and other support our congregation has given to this ministry and says our church has made a significant difference in the ministry since we began our involvement in 2019. Looking to the future of the ministry, the following two needs will be the priorities for 2022:

Sister2Sister runs a feeding program at a K-8 school in Muthithi, Kenya (Purity's hometown). That program provides lunch Monday through Friday to approximately 100 school age children. Salem Presbytery gives \$20,000 per year from the 2 Cents per meal Hunger Offering to Sister2Sister, which fully funds this program for the year. Purity tells us she has 40-50 more children on a waiting list. A child can be sponsored for the entire year of the program for just \$200. She would love to have some sponsors to get these children off of the waiting list. If you are interested in sponsoring a child (or children) for a year (or part of a year), please make your check out to the church and note it is for "S2S - Waiting List".

Purity and Sister2Sister are also excited to announce the completion of construction of their school for children in Ngong, Kenya (which is about 40 miles from Muithithi). Sister2Sister is very appreciative for the contributions our church has made for the digging of the well and additional contributions that enabled completion of the building. At full capacity, the school will house, feed and educate up to 120 children. The next step is furnishing the building with beds, wardrobes, desks, dining tables and chairs as well as outfitting the kitchen and office. Sister2Sister plans to use local carpenters to build the furniture. This ministry not only works in the lives of the children but also provides jobs for local workers. Purity shares that many of the workers express how they are impressed and moved by the generous Christian spirit of the work and several have come to commit their lives to Christ. If you would like to support this next phase in this good work, please make your check out to the church and not it is for "S2S – Furniture".

If you have any questions about these projects, please do not hesitate to ask Will or Terri McKnight. It is a great joy to be part of a church that helps so many people – locally and across the world. Everyone have a good February. You are loved.

Will



AVAILABLE TO COLLEGE STUDENTS

Applications shall be made to the Scholarship Committee by
February 27, 2022

Fannie Turner Hart and Henry Howard Hart were great advocates of education. Their children established this scholarship in their memory, to be referred to hereafter as the Hart Scholarship Fund. This fund has been established at Prospect Presbyterian Church which they loved and where they served God faithfully for many years.

The Scholarship Committee of Prospect Presbyterian Church is elected by the Session to receive and review all applications for the Hart Scholarship. Please contact the committee members or the church office at 704-664-1514 with any questions.

Applications can be picked up at the church office. Completed applications need to be returned to the church office or the mailbox in the commons area marked "Hart Scholarship."

Session News

Your Session had its regular stated meeting on January 20th at 7pm, moderated by Rev. Will Gipe.

Treasurer reported the General fund balance on 12/31 of \$110,534. The Session thanks the congregation for their 2021 financial support as we look forward to a 2022 budget of \$414,085

Approved Congregational Meeting held on Sunday, February 20th during the Worship Service to receive and approve the 2021 Annual Corporate Report.

Approved the following to the active membership roll of Prospect Church:

- Marsha Deaton by Reaffirmation of Faith
- Mark and Kiki Reid by transfer of letter from Bethel Presbyterian Church
- Lannie and Carolyn Sigmon by Reaffirmation of Faith

2022 Session Committees (*denotes chair) and responsibilities:

- Administration/Personnel – Walter Teeter*/Bob Edmiston
- Stewardship & Finance – Bob Edmiston*/Van Knox
- Buildings & Grounds – Brian Jackson*/Mike Anderson/Paul Moore/Johnny Wilkinson
- Worship & Music – Connie Brown*/Karen Cornett
- Christian Education/Fellowship – Shannon Knox*/Beth Stacy
- Mission – Terri McKnight*
- Nurture and Growth – Joy Miller*
- Outreach - Beth Stacy*/Shannon Knox
- Rick Lyerly - Clerk of Session
- Becky Hart – Treasurer, Bob Edmiston - Assistant Treasurer
- Trustee Officers: Bob Edmiston, Brian Jackson, Walter Teeter



Restarted discussions on the Facilities Review Committee Report. This report recommended several changes to our buildings which need further discussion at our next meeting.

In November an issue with the fuel heating system required us to purchase and install separate 1000-gallon fuel oil tanks for the Sanctuary and Education Building. Currently the sanctuary tank is complete and functional with the other tank installation in progress.

Next Stated Session Meeting scheduled for Thursday February 17th.

As your Session we always welcome comments.

Grace and Peace,
Rick Lyerly- Clerk of Session for 2022

PRESBYTERIAN WOMEN NEWS:

<u>Circle</u>	<u>Date/Time</u>	<u>Location</u>
Lettie Beatty/Acts	Feb. 9 @ 10:00 am	FLC
Ruth	Feb. 1 @ 7:00 pm	FLC
Serendipity	Feb. 7 @ 6:30 pm	FLC



Baby Bottles!
Change a baby's LIFE! A ministry supporting the Community Pregnancy Center of Lake Norman. Baby bottles are

still available in the Narthex. Please turn your bottles in by Sunday, February 6th or drop off at church by Wednesday, February 16th. You can place them in the crate in the narthex or in my box downstairs. Thank you so much for your support. Connie Brown

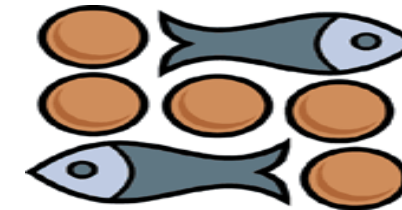


It's back, UNDIE SUNDAY! As part of our February Mission projects, we would like for you to bring a brand new package of underwear to be sent to the Mooresville Christian Mission. We will be collecting any & all **NEW** under garments the **entire month of February**. If you have any questions, please contact Terri McKnight.



ROWAN HELPING MINISTRIES

Suggested Donation for February
Tuna Fish & Crackers



Marsha Deaton	02/01
Perry Teeter	02/01
Stefanie Clanton	02/03
Austin Lewis	02/03
Dale McKnight	02/03
Ann Clark	02/06
Van Knox	02/06
Craig Mills	02/06
Jan Spear	02/08
Michael Steed	02/08
Violet Knox	02/09
Dale Burgess	02/11
Jack Edmiston	02/12
Janielle Watkins	02/12
Donna Anderson	02/14
Helen Broadway	02/18
Stacey Gipe	02/18
Alex Cornelison	02/19
Anna Claire Cornelison	02/19
Lynn Britz	02/20
Lori Fleming	02/21
Ally McLelland	02/21
Wilma Houston	02/26
Carol Stutts	02/28

December Financial Report

General Fund:

Monthly Income through 12-31-21:	\$58,574
Monthly Expenses through 12-31-21:	\$25,766
Expenses Lesser than Income for month:	\$32,808

Development Fund:

Ending Balance through 12-31-21:	\$59,075
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Joe & Becky Catanese	February 3
Craig & Millette Mills	February 5
Eddie & Lisa Jackson	February 6
Michael & Cathy Steed	February 18



Blanket Sunday Reminder

February 13th has been designated as Blanket Sunday for our congregation. A donation of \$10.00 will buy a warm blanket for someone in need. Please support this special ministry of Church World Service by donating money for at least one blanket. Blankets are sent to areas facing disaster in the United States as well as to other countries. You may have seen some of these blankets in the media coverage of the earthquake in Haiti. Special offering envelopes will be included in your bulletin that day. Open your hearts and join others in the faith community who are helping to blanket the world with love. There is no better way to show your love for others this Valentine's Day. Thank you for your generous support.



For Prayer:

Missionary:

Justin & Kristen Raymer (African Island Mission in Washington DC)
Brian & Christy Ward (Spokane, Washington)
Rob & Sandy Shaffer (Czech Republic)
David & Caree Lookabill (Bangladesh)

Nursing Homes, Rehab & Retirement Facilities:

Mac Atwell (Trinity Oaks-Salisbury)
Helen Barber (Trinity Oaks-Salisbury)
Anne Cloaninger (Heritage Place, Statesville)
Helen Lyerly (Cadence Living – Mooresville)
Meghan McSwain (Brookdale Peachtree, Statesville)
Margaret Martin (Abernathy Laurels, Newton)
Tink Wilkinson (Cadence Living – Mooresville)

Please Remember:

Thad Linker	Jo Powers
Anita & Wyatt Fesperman	Pam Beaver
Carl & Mary Agnes Wiggins	Toni Wheeler
Jackie McKnight	Lib Knox
Carol & Larry Stutts	Martha Brown
Ben & Judy Stacy	Sarah Jackson
Jaime Hovis	Roy Watkins
Violet LaShomb	Rachel Powers
Dixie Forbes-Gorby	Jay & Tammy Vandall
Mary Lib Kipka	Dick Bennett

Friends & Family of the Congregation:

Doug B. (*Pneumonia / Vent – Friend of the Congregation*)
Gayle Johnson (*Blood clots, sister-in-law of Ann Jackson*)
Scott Wilkinson (*Health Issues – son of Tink Wilkinson*)
Andrew “Drew” Milholland (*Electrical burn victim, friend of community*)
Scott Dyson & Family (*young son passed away in a dirt bike accident*)
Ronnie Stewart (*Small Stroke, husband of Virginia Stewart, FCN*)
Michael Weller (*Brain tumor, friend of Will & Stacey Gipe*)
Teresa Ervin (*Breast Cancer, Vi LaShomb daughter*)
Karen Broadway (*Brain Injury, family of the Chandlers*)
Edgar Moore (*Lung Cancer, friend of Jean Gibson*)
Lou Ann Compton Isenhour (*Blood Cancer, cousin of Becky Hart*)
Jamie Hall (*longtime friend of Will & Stacey Gipe*)
Kim Lambeth (*Cancer, Rachel Marlowe's mother*)
Beth Segui (*Parkinson, Daughter of Betty Alexander*)
Whitaker Raymer (*Cancer, Missionary Child*)
Ellen Goldstein (*Cousin of Becky Hart*)



GIVEN IN LOVING MEMORY OF . . .

BOB ATWELL

By:
Mark & Patti Bell

MARY HELEN SMITH

By:
Hulene McLean
Randy & Linda Oliphant
Lib Knox
Van & Violet Knox
Kaye Kerr Eagle
Faynell Frye
Betty Alexander
Kenneth & Harriet Horton

MIKE DEATON

By:
Brenda & Francis Brantley
Lib Knox
Van & Violet Knox
Michael & Leigh Whitfield
Betty Alexander
Sandra & Robert Kerr
Kenneth & Harriet Horton
Stephen & Elizabeth McCuin

REID GOODMAN

By:
Cathy Mayfield & Family

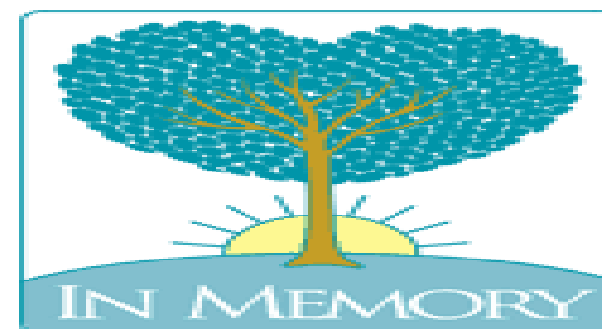
BLANCHE SHINN JULIAN

&
FL SHINN, JR.

By:
Rachel Shinn Stone & Family

PEGGY MCKNIGHT

By:
Bobby & Phyllis Bracken



Dear Friends,
Thank you so much for welcoming my mother-
Mary Helen Smith- into Prospect Church. And
special thanks to Bereavement Team #3 for
providing the wonderful meal after her service.
It was so lovely.

Grace and peace,
Elizabeth Smith McCuin

To my wonderful church family, on December
24th 2021 most of you know the home I was
living in burned down. It was determined to be
an electrical fire. there were so many precious
Items lost that I'm so sad sometimes I can't
breathe. I want you all to know your love
and support have helped me tremendously. God
is my strength and my redeemer. without him
and my church family it would be a much
harder mountain to climb. Please pray for me
in my search for a place to live that I'll find
something that will be just enough for me
and my dogs. Thank you so much for your
love and support..

Dixie Forbes-Gorby



EVERYONE IS INVITED!

Mark your calendars and save the date! A
bridal shower is being giving for Ally
McLelland on Sunday, February 27th in the
Family Life Center from 3:00 to 5:00 pm.
Everyone is invited. They are registered at
Bed, Bath & Beyond and Amazon.



How Does Depression Affect the Heart?

How to stay heart healthy — even when you're down.

When you're feeling down, it's easy to reach for your favorite comfort food or skip a workout. But thinking about your heart health is important, even when you're not feeling too chipper. When people are stressed, anxious or depressed, they may feel overwhelmed, so they're not apt to make healthy lifestyle choices. They may be more likely to smoke more, not be physically active, sleep too little or too much, drink too much alcohol and fail to take their prescribed medications. Over time, these unhealthy behaviors can increase the risk for heart disease. Trauma, depression, anxiety and stress can lead to changes that can affect your health, and not just because you may fall into habits that are bad for your heart. Research shows that mental health also has physiologic effects on the body.

Depression is reported in over 7% of Americans ages 18 and older, and the figure can be as high as 20% for post-heart attack patients. Can depression cause heart disease or heart attack? When you experience depression, anxiety or stress your heart rate and blood pressure rise, there's reduced blood flow to the heart and your body produces higher levels of cortisol, a stress hormone. Over time, these effects can lead to heart disease. Depression and anxiety can also develop after cardiac events, including heart failure, stroke and heart attack. What can I do to help my stress, anxiety or depression?

If you're struggling with depression, stress or anxiety, taking three key steps can help.

- 1. Identify the cause of your depression, stress or anxiety and address it. Seek therapy if necessary. At times you may feel down for a couple of days, but if it goes on for two weeks or more, you may need to seek help. Depression is a problem when it causes feelings of sadness and/or a loss of interest in activities you once enjoyed. It can lead to a variety of emotional and physical problems and can decrease your ability to function at work and at home.
- 2. Choose healthy habits and don't rush it. If you aren't in the habit of exercising, start gradually. Something as simple as taking a walk, 30 minutes a day, even if you do only [10 minutes at a time](#), can help your heart. [Physical activity improves your mood](#) while you're doing it, but regular physical activity can also improve your mental well-being, lower the risk of depression and improve your overall quality of life. If reaching for unhealthy foods has become a habit, try using [healthier cooking techniques](#) or substituting ingredients to cut down on fat, added sugar, sodium and calories. Grab healthy snacks, such as fresh fruits and vegetables, or choose undressed salads and other low-fat dishes when eating out.
- 3. Incorporate other healthy lifestyle changes one at a time. Don't try to "fix" everything at once. That's especially true if one of the habits you want to break is smoking.

[Quitting smoking](#) can be difficult. If you smoke, talk with your health care professional to determine if you need medications or other help to quit. Therapies may include nicotine replacement or prescription medicines. You could also ask for a referral for a smoking cessation program.

Ultimately, you have to take care of yourself to break the cycle of feeling down. That could be doing something structured, such as a yoga class or tai chi practice, or something you can do anywhere, such as meditating, listening to music or reading a book.

Free At-Home COVID-19 Tests

- Residential households in the U.S. can order one set of 4 free at-home tests from [USPS.com](#). Here's what you need to know about your order:
- Limit of **one order per residential address**
- One order **includes 4 individual rapid antigen COVID-19 tests**
- Orders will **ship free** starting in late January

Visit [COVID Home Tests | USPS](#) to order yours today.

February 13th- WEAR **RED** for Heart Health



Rev on the Road - March 4,5 at Grace Covenant Church in Cornelius. Registration is open. Rev on the Road is a two-day wellness event for your mind, body, and spirit where you'll find contagious joy and new-found freedom! You'll experience the Good News of the Gospel message through worship, Bible study, and cutting-edge fitness that meets you right where you're at. Please let me know if you are interested. I have bought 10 tickets. Cost is \$20. It is going to be in person only as of now. Hope you'll join us.

<https://www.revelationwellness.org/events/rev-on-the-road/>.

*Guard your **heart** above all else, for it determines the course of your life* Proverbs 4:23 (NLT).

To put it in Western terms, the **lêb** or **heart** is synonymous with the mind or intellect. It is not only the center of feeling but also the center of reasoning and thought



Golden Prospectors!

The Golden Prospectors will be meeting in the Family Life Center on February 15th at 11:00 am. Our program will be on Heart Health and our guest will be our own Virginia Stewart, RN, FCN. Menu will be soup and sandwiches with crackers. Any suggestions and or questions, please contact the church office and or Mary Beth Edmiston at 704-663-4614.

YOUNG DISCIPLES!

We will meet **Sunday, February 13th at 11:45 am in the Education Building**. We will be doing Valentine crafts. Lunch will be provided. Any questions, please contact Connie Brown. Hope to see you all!

