

Prospect Presbyterian Church
9425 West NC 152 Hwy
Mooresville, NC 28115

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THE GOOD PROSPECTS

PROSPECT PRESBYTERIAN CHURCH

9425 West NC 152 Hwy, Mooresville, NC 28115

Church Office Hours:

Monday – Thursday: 7:00am - 5:00pm
Closed for lunch: 1:30pm - 2:30pm
Closed on Fridays

Email:

Pastor: willgipe@hotmail.com
Nurse: Virginia.Stewart@atriumhealth.org
Office: office@prospectpres.org

2021

Worship Service:
10:30 am

Telephone: (704) 664-1514

Fax: (704) 664-9612

Website: www.prospectpres.org

FROM YOUR PASTOR’S KEYBOARD:

On Sunday, February 7, we will return to one worship service at 10:30 AM. We will meet both in the Sanctuary and in the Family Life Center (with the service from the Sanctuary on the big screen). We will also observe the Sacrament of Communion on February 7. We will use the little single serving cups with wafer that we used on Christmas Eve. The Session also plans for us to get to back to our normal schedule of having Communion on the first Sunday of every month.

We look forward to getting back to one service at 10:30 AM for several reasons. It will be good to have everyone who can attend worship “together” at the same time, if not always in the same place. This will also allow us to get back into having some Sunday school classes at 9:30 AM. The Session is leaving it up to the leaders of each individual class to decide if they want to meet.

I am sure there will be some trial and error as we figure out this new thing. I have appreciated everyone’s patience, kindness and flexibility as we have been finding our way through this virus situation. We will need some more as we manage one service in two places but we are confident it can work. I want to thank Paul Moore for the extensive work he has done in making sure our video and sound system connecting the Sanctuary with the Family Life Center is working well.

Everyone have a good February. Know that you are loved.

Will



**AVAILABLE TO
COLLEGE STUDENTS**

**Applications shall be made to the Scholarship Committee by
February 27, 2021**

Fannie Turner Hart and Henry Howard Hart were great advocates of education. Their children established this scholarship in their memory, to be referred to hereafter as the Hart Scholarship Fund. This fund has been established at Prospect Presbyterian Church which they loved and where they served God faithfully for many years.

The Scholarship Committee of Prospect Presbyterian Church is elected by the Session to receive and review all applications for the Hart Scholarship. Please contact the committee members or the church office at 704-664-1514 with any questions.

Applications can be picked up at the church office. Completed applications need to be returned to the church office or the mailbox in the commons area marked “Hart Scholarship.”

Session News

Your Session had its regular stated meeting on January 21st at 7pm, moderated by Rev. Will Gipe.

- 1. Passed the 2021 Budget
- 2. Appointed the Class of 2023 Session members to the following committees: Administration/Personnel - Bob Edmiston & Rick Lyerly, Building & Grounds - Mike Anderson, Christian Education - Shannon Knox, and Outreach (New) Committee - Beth Stacy.
- 3. Session agreed to go back to one (1) service beginning on February 7th at 10:30 am. Communion to be started back on a monthly basis. The new Family Life Center will be used to accommodate with going to one (1) service as well.
- 4. Elder Bob Edmiston was elected to the Board of Trustees from the Class of 2023.
- 5. Building & Grounds reviewed goals for 2021. Studying all the HVAC units tied to all Church assets and make future replacement plans. Paint the Session House, paint various items that need attention and repair the gutters in the back of the church.
- 6. Seth Burgess presented his Eagle Scout project to the Session. His project met approval. Edie Steele and Brian Jackson will represent the Session in guidance with Seth.
- 7. Session agreed to have Adam Lyerly audit the 2020 church financials.
- 8. Session agreed to the Mission Committee hosting a Rise Against Hunger event in the new Family Life Center. Date to be determined.
- 9. Nurture and Care Committee reported a great response for the Red Cross Blood Drive on 01/21/21 with 35 participants.
- 10. If you have any comments, concerns, or questions please contact any session member or myself.

Hope everyone has a healthy and prosperous new year. As your Session we always welcome comments.

Grace and Peace,
Dale Burgess - Clerk of Session

Stewardship News

The Stewardship and Finance Committee would like to thank everyone for your generous support the of work of Prospect in 2020. The Session adopted our proposed budget for 2021 that was distributed in your stewardship packet totaling \$426,648 at its January meeting. Construction costs for the Family Life Center have been paid in full. We have some funds remaining to apply toward purchasing additional furnishings for the building. We have been truly blessed not to have a need to borrow funds from outside sources to cover construction costs. As of December 22, 2020, we have paid a total of \$1,753,897.81 for construction and furnishings for the Family Life Center. It is a wonderful facility and we hope to be able to dedicate it and utilize it fully in the coming months. Your pledges of \$246,794 along with income from various funds, carryover funds from 2020, and additional offerings should allow us to meet our obligations for the coming year. If anyone has any questions concerning the budget, please feel free to contact Becky Hart or Bob Edmiston. We will be happy to answer them. We began using undated offering envelopes in 2018 to avoid ordering them each year. If you need envelopes for 2021, please contact the church office. We are grateful for your support of the ministry of Prospect. You have given freely of yourselves and your gifts to support Mt. Ulla School, Hope of Mooresville, the Christian Mission, Feed NC, Rowan Helping Ministries, Food for Days, Rise Against Hunger, our missionary families, and Nazareth Children’s Home in addition to your pledges. We ask for your prayers for our Session, our pastor, and our church as we await the time that we can safely worship together once again. We look forward to a year of serving our Lord and our community.

PRESBYTERIAN WOMEN NEWS:

Circle	Date/Time	Location
Lettie Beatty/Acts	Feb. 3 @ 10:00 am	Session Room
Ruth	Feb. 2 @ 7:00 pm	Session Room
Serendipity	Feb. 1 @ 6:30 pm	FLC



Baby Bottles!
Change a baby’s
LIFE! A ministry
supporting the Com-
munity Pregnancy
Center of Lake Nor-
man. Baby bottles are

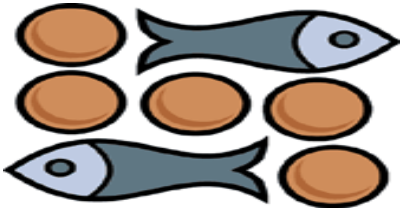
still available in the Narthex. Please turn your bottles in by Sunday, February 7th or drop off at church by Wednesday, February 10th. You can place them in the crate in the narthex or in my box downstairs. Thank you so much for your support. Connie Brown



It’s back, UNDIE SUNDAY! As part of our **February** Mission projects, we would like for you to bring a brand new package of underwear to be sent to the Mooresville Christian Mission. We will be collecting any & all **NEW** under garments the **entire month of February**. If you have any questions, please contact Vance Moore.



ROWAN HELPING
MINISTRIES
Suggested Donation for
February
Tuna Fish & Crackers



Kay Edmiston	02/01
Perry Teeter	02/01
Stefanie Clanton	02/03
Austin Lewis	02/03
Dale McKnight	02/03
Craig Mills	02/06
Jan Spear	02/08
Dale Burgess	02/11
Jack Edmiston	02/12
Janielle Watkins	02/12
Stacey Gipe	02/18
Alex Cornelison	02/19
Anna Claire Cornelison	02/19
Lynn Britz	02/20
Lori Fleming	02/21
Ally McLelland	02/21
Wilma Houston	02/26
Carol Stutts	02/28



Craig & Millette Mills	February 5
Eddie & Lisa Jackson	February 6

December Financial Report

General Fund:	
Monthly Income through 12-31-20:	\$119,807
Monthly Expenses through 12-31-20:	\$31,958
Expenses Lesser than Income for month:	\$87,849
Development Fund:	
Ending Balance through 12-31-20:	\$48,624

I just wanted to take a moment to thank you so much for all of the visits, texts, calls, cards and food during the passing of Sonny. It is appreciated more than you will ever know. A special thanks to Will Gipe for all of his support during this difficult time.

Yours In Christ,
Vicki Freeze, Woody, Millette, and Alex



Blanket Sunday Reminder

February 14th has been designated as Blanket Sunday for our congregation. A donation of \$10.00 will buy a warm blanket for someone in need. Please support this special ministry of Church World Service by donating money for at least one blanket. Blankets are sent to areas facing disaster in the United States as well as to other countries. You may have seen some of these blankets in the media coverage of the earthquake in Haiti. Special offering envelopes will be included in your bulletin that day. Open your hearts and join others in the faith community who are helping to blanket the world with love. There is no better way to show your love for others this Valentine’s Day. Thank you for your generous support.





Prayer Requests:

Missionary:

Justin & Kristen Raymer (African Island Mission in Washington DC)
Brian & Christy Ward (Spokane, Washington)
Rob & Sandy Shaffer (Czech Republic)

Nursing Homes, Rehab & Retirement Facilities:

Mac Atwell (Trinity Oaks-Salisbury)
Helen Barber (Trinity Oaks-Salisbury)
Ginny Bennett (Elmcroft Assisted Living, Salisbury)
Tom George (Elderwood Assisted Living, Hamburg, NY)
Edith Lewis (Citadel, Mooresville)
Harriet Lipe (Citadel-Mooresville)

Please Remember:

Anita & Wyatt Fesperman	Pam Beaver
Carl & Mary Agnes Wiggins	Helen Lyerly
Jackie McKnight	Pearl Bell
Dick Bennett	Rachel Powers
Carol & Larry Stutts	Frances Ann Neel
Jo Powers	Kay Edmiston
Barbara Ussery	Martha Brown
Allen Lowrance	Linda Brooks
Vicki Freeze & Family	

Friends & Family of the Congregation:

Jim Staley (*Health Issues, son of Pearl Bell*)
Bruce & Justin Simmons (*friends of Candace Simmons Jackson*)
Frankie Thompson (*Cancer, Cousin of Jean Gibson*)
Judy Palmquisk (*friend of the Howie family*)
Kim Lambeth (*Cancer, Rachel Marlowe's mother*)
Judy Overcash (*Cancer, home bound in our community*)
Jeff Reid (*Leukemia, cousin of Pam Seamon*)
Julia Hallum (*Breast Cancer, granddaughter of Betty Alexander*)
Scott Brady (*Male Breast Cancer, friends of the Chandlers*)
John Clarke (*CL Cancer, uncle of Frances Ann Neel & Lee Williams*)
Beth Segui (*Parkinson, Daughter of Betty Alexander*)
Elaine Holt Brown (*Breast Cancer, 1st Cousin of Mary & Allen Lowrance*)
Pressley Cashion (*Bladder Cancer, brother of Becky Hart*)
Whitaker Raymer (*Cancer, Missionary Child*)
Ellen Goldstein (*Cousin of Becky Hart*)
Tina Davis (*Cancer, friend of Edie Steele*)
Rita Purvis (*Non-Hodgkin's Lymphoma, friend Brown Family*)

**GIVEN IN LOVING
HONOR
OF ...**

**WADE & PHYLLIS CARRIGAN'S
2020 ANNIVERSARY**
By:
Pam Tulbert



**GIVEN IN LOVING
MEMORY OF ...**

DAVID & JANE JACKSON
By:
David Jackson Jr.

WILLIAM "BILL" TULBERT
By:
Rob & Kristi Fallowes

ANNE LOUISE BEEKER
By:
Frances Ann Neel

HARRY, RACHEL & JANICE BRADSHAW
By:
Steve & Pat Clontz

WOODROW "SONNY" FREEZE
By:

Allen & Ann Jackson
John & Roxanne Wiggins
Carl & Mary Agnes Wiggins
Louis & Susan Walters
June Goodman
Reid Goodman
Judy Brumley
Rob & Kristi Fallowes
Malcolm & Jayne Thompson
Lynn Britz
Sarah Jackson
Virginia Edmiston
Frances Ann Neel
Frances Howie
Phyllis Hilton
John & Sandra Stegall
Brenda Elliott
Cindy & Nathan Martin
Bill & Joy Martin
Mary Lynda Ranson
Gerald & Laura David
Pamela & Gary Beal
Bill & Becky Hart
Dianne Davis
John & Ann Stegall
Jerry & Dolly Karriker
Elizabeth Potts

PATRICIA HARBISON
By:
Lynn Britz

JO ANN WALTERS
(*Sister of Roy Watkins*)
By:
Frances Howie

JEAN WILSON
By:
Kelly, Doug, Elizabeth
& William Carrigan
Jeff McEnteer

Matter of the Heart

"Keep thy heart with all diligence; for out of it are the issues of life." Proverbs 4:23, KJV

Your Whole Heart

The heart is more than an organ. It has long been referred to as:

- A symbol of love, charity, joy and compassion.
- The spiritual, emotional, moral and intellectual core of a human being.
- Where one's soul resides.

Caring for our hearts is not only physical but mental and spiritual in nature. What affects one part will affect our whole being.



Heart Health

Heart disease is the leading cause of death for both men and women. The CDC reports that at least 200,000 deaths each year from heart disease is preventable. People under the age of 65 make up more than half of preventable heart disease and stroke deaths. African Americans are nearly twice as likely as Caucasians to die from preventable heart disease and stroke.

Heart Aches

Heart disease includes a number of problems affecting the heart and the blood vessels in the heart such as:

- Coronary artery disease.
- Heart failure.
- Heart arrhythmias.

Risk factors for heart disease include:

- High blood pressure, high cholesterol, and diabetes.
- Tobacco use.
- Unhealthy diet.
- Physical inactivity.
- Obesity.

Managing Risk Factors

Work with your healthcare provider to manage high blood pressure, high cholesterol and diabetes. If you smoke, get help to quit. Avoid secondhand smoke. Eat a healthy diet, high in fresh fruits and vegetables and low in sodium and trans fats. Engage in moderate intensity exercise for 30 minutes at least 5 times a week. Work to maintain a healthy weight. Look for groups and people to support you on your healthy weight journey.

Your Emotional Heart

Several psychosocial factors may contribute to heart disease such as:

- Depression.
- Anger and hostility.
- Anxiety.
- Social Isolation.
- Chronic Stress.

The biological and chemical factors that trigger mental health issues also can influence heart disease.

Managing Emotions

Start by discussing how you are feeling both physically and mentally with your healthcare provider. Treatment may include:

- Medications,
- Lifestyle modifications including exercise and proper nutrition,
- Therapy, support groups, or positive self-talk, or
- Relaxation techniques such as meditation, prayer or yoga.

The goal is not to eliminate any type of negative emotion but to bring them into balance with positive emotions.

Your Spiritual Heart

The condition of your spiritual heart will affect the condition of your body and your physical health. Holding on to feelings of bitterness, resentment and anger toward others may contribute to heart disease. Be intentional with your spiritual practices. Prayer, attending worship, and quiet time may help your heart be healthier.

Resources on Heart Disease

American Heart Association – Visit www.heart.org and www.goforred.org or call 800-242-8721.

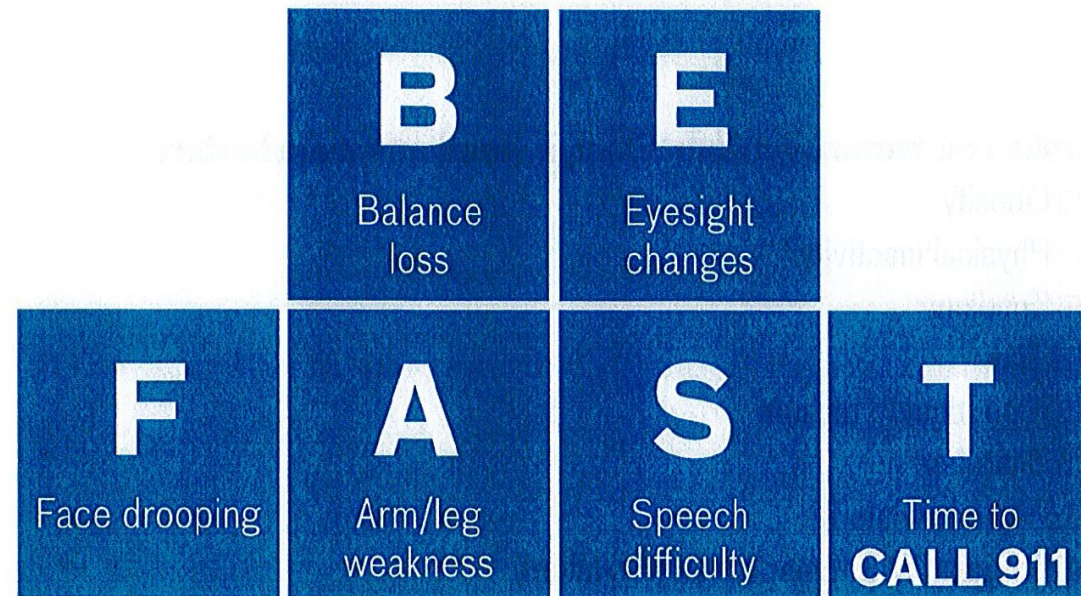
Office on Women's Health – Visit www.womenshealth.org or call 800-994-9662.

National Heart, Lung, and Blood Institute - Visit www.nhlbi.nih.gov or call 301-592-8573.

Centers for Disease Control – Visit www.cdc.gov/heartdisease or call 800-232-4636.

Do You Know the Signs and Symptoms of a Stroke?

Just remember: **BE FAST!**



**SPOT A STROKE?
TREAT A STROKE FAST!
CALL 911**



Atrium Health
Neurosciences Institute

AtriumHealth.org/Stroke

February is National Heart Month

Heart disease is the leading cause of death in both men and women in the US.

3 Major Signs of Heart Disease

1. Extreme fatigue
2. Shortness of breath
3. Loss in stamina

Take the time this February to learn more about your heart health. Talk to your doctor if you have any questions about signs and symptoms of heart disease. For more information about heart health, please visit

CarolinasHealthCare.org/HeartCare.

Heart of a Woman

Heart Disease Fact: 1 in 3 deaths each year among women is due to heart disease.

What can women do to lower their risk of heart disease?

- Monitor blood pressure, cholesterol, diabetes and weight
- Exercise 30 minutes a day, 3 times a week
- Eat a heart-healthy diet by choosing produce and whole grains, and by limiting fat and sodium
- Limit alcohol intake to 1 to 2 drinks a day
- Quit smoking

Men and Their Hearts

Did you know... More than 1 in 3 adult men have some form of cardiovascular disease?

Key heart disease risk factors for men

- Excessive alcohol use
- Physical inactivity
- Poor diet and obesity
- High blood pressure
- Smoking
- Diabetes

What can men do?

Learn the key heart disease risk factors for men, strive for a heart-healthy diet and aim to exercise at least 30 minutes a day, 3 times a week.

1/26/2016

To learn more heart health tips, visit CarolinasHealthCare.org/HeartCare

1/26/2016

To learn more heart health tips, visit CarolinasHealthCare.org/HeartCare

**February 14th-
WEAR RED for Heart Health**

REDCROSS "Covid Safe" BLOOD DRIVE

Held here on 1/21/2021 was a Grrrrreat Success!! 35 units were collected!! The most EVER in 7 years at PPC!! Thank you to all that helped! Some of our volunteers were Crosby Scholars getting in some volunteer hours and members of the Nurture & Care Team & church members. Thank you again! You have made a DIFFERENCE!!! 105 people can be helped with these gifts of Blood!

