Prospect Presbyterian Church 9425 West NC 152 Hwy Mooresville, NC 28115

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ADDRESS SERVICE REQUESTED



AVAILABLE TO COLLEGE STUDENTS

Applications shall be made to the Scholarship Committee by February 27, 2020

Fannie Turner Hart and Henry Howard Hart were great advocates of education. Their children established this scholarship in their memory, to be referred to hereafter as the Hart Scholarship Fund. This fund has been established at Prospect Presbyterian Church which they loved and where they served God faithfully for many years.

The Scholarship Committee of Prospect Presbyterian Church is elected by the Session to receive and review all applications for the Hart Scholarship. Committee members are: Pam Beaver, Terri McKnight and Lee Williams. Please contact the committee members or the church office at 704-664-1514 with any questions.

Applications can be picked up at the church office. Completed applications need to be returned to the church office or the mailbox in the commons area marked "Hart Scholarship."



THE GOOD PROSPECTS

PROSPECT PRESBYTERIAN CHURCH

9425 West NC 152 Hwy, Mooresville, NC 28115

Church Office Hours: Monday – Thursday: 7:00am - 5:00pm Closed for lunch: 1:30pm - 2:30pm Closed on Fridays Email: Pastor: willgipe@hotmail.com

Nurse: Virginia.Stewart@atriumhealth.org
Office office@prospectpres.org

2020

Sunday School: 9:30 a.m. Worship Service: 10:30 a.m. Telephone: (704) 664-1514 Fax: (704) 664-9612 Website: www.prospectpres.org

FROM YOUR PASTOR'S KEYBOARD:

The Christian faith is a singing, musical faith (Ephesians 5:19-21). Music speaks to each of us in many and different ways. Music calls out our emotions. Music enables us to express our emotions. We are commanded to love God with our whole heart and soul and mind (Matthew 22:37). Music enables us to express that love in a unique way. Music is an important part of our praise of God.

Our church is blessed to have a good (and growing) music program. We thank Dixie, Pat and Stacey for their weekly leadership of our music. We thank Melody and Tammy for their musical work with our children. We thank Terri, Janielle and Murdoch for their leadership of our bell choir. And to all of the members of our choir and our bell choir, we thank you for your commitment, your joy and for sharing your time and gifts. You all make our worship better. You all make our church better.

I hope everyone has a good February. You are loved.

Will

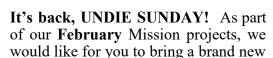


YOUNG DISCIPLES!

We will meet Sunday, February 9th at 11:45 am in the Education Building. We will be doing Valentine crafts. Lunch will be provided. Any questions, please contact Connie Brown. Hope to see you all!

Baby Bottles!

Change a baby's LIFE! A ministry supporting the Community Pregnancy Center of Lake Norman. Baby bottles are still available in the Narthex. Please turn your bottles in on February 16th. You can place them in the crate in the narthex or in my box downstairs. Thank you so much for your support. Connie Brown



package of underwear to be sent to the Mooresville Christian Mission. We will be collecting any & all **NEW** under garments the entire month of Febru**arv**. If you have any questions, please contact Vance Moore.



















PRESBYTERIAN WOMEN NEWS:

<u>Circle</u>	Date/Time
Lettie Beatty/Acts	Feb. 5 @ 10:00 am
Ruth	Feb. 4 @ 7:00 pm
Serendipity	Feb. 3 @ 6:30 pm

Location

Session Room Session Room Home of Betty Alexander Gate #8008



Serendipity Circle will be having soup & sandwiches at their meeting.



Golden Prospectors!

The Golden Prospectors will be going out to eat for their meeting on February 18th. Please keep a watch out in the bulletin for more information. Any suggestions and or questions, please contact Mary Beth Edmiston at 704-663-4614.



	Kay Edmiston	02/01
	Perry Teeter	02/01
/	Stefanie Clanton	02/03
	Austin Lewis	02/03
	Dale McKnight	02/03
	Craig Mills	02/06
	Jan Spear	02/08
	Dale Burgess	02/11
	Jack Edmiston	02/12
	Janielle Watkins	02/12
	Stacey Gipe	02/18
	Alex Cornelison	02/19
	Anna Claire Cornelison	02/19
	Lynn Britz	02/20
	Lori Fleming	02/21
	Ally McLelland	02/21
	Wilma Houston	02/26
	Carol Stutts	02/28

February 5 February 6

To the New Family Life Center Building Committee

Craig & Millette Mills

Eddie & Lisa Jackson

Many thanks to all of you for all the planning, meetings, and the many hours you have given to the project. We are indebted to you. Please know you are appreciated.



"The first American Heart Month, which took place in February 1964, was proclaimed by President Lyndon B. Johnson via Proclamation 3566 on December 30, 1963. The Congress, by joint resolution on that date, has requested the President to issue



annually a proclamation designating February as American Heart Month."

Heart Health is essential to a full life. For your physical heart exercise regularly; eat the rainbow; manage stress; practice being "content". Come to exercise. For your spiritual and emotional heart-"Above all else, guard your heart, for everything you do flows from

Be intentional. Nothing is EVER accomplished just by intentions. We must move from thoughts to action. Get rid of all bitterness, rage and anger along with brawling and slander, along with every form of malice. Eph 4:31 ACTION is the key here.

To My Church Family

it." Proverbs 4: 23 NIV

Better late than never, I am so blessed to have a wonderful and amazing church family. "Thank You" is not strong enough to express how much it meant to have the support and care from all of you. Thanks for all the cards, food and phone calls. My last 2 and half years have been very challenging, but because of all of my church family I have survived. Again, thank you from the bottom of my heart.

Toni Wheeler

Blanket Sunday Reminder

February 9th has been designated as Blanket Sunday for our congregation.

A donation of \$10.00 will buy a warm blanket for someone in need. Please support this special ministry of Church World Service by donating money for at least one blanket. Blankets are sent to areas facing disaster in the United States as well as to other countries. You may have seen some of these blankets in the media coverage of the earthquake in Haiti.

Special offering envelopes will be included in your bulletin that day. Open your hearts and join others in the faith community who are helping to blanket the world with love. There is no better way to show your love for others this Valentine's Day. Thank you for your generous support.





Missionary:

Justin & Kristen Raymer (Tanzania, Africa) Brian & Christy Ward (Papua, New Guinea) Rob & Sandy Shaffer (Czech Republic)

Nursing Homes, Rehab & Retirement Facilities:

Mac Atwell (Trinity Oaks-Salisbury) Helen Barber (Trinity Oaks-Salisbury) Tom George (Atria-Lake Norman) Harriet Lipe (Genesis-Mooresville)

Please Remember:

Bob Edmiston Ella Mae Stewart Anita & Wyatt Fesperman Toni Wheeler Mary Agnes Wiggins Helen Lyerly Jackie McKnight Martha Meredith Edith Lewis Dick & Ginny Bennett Louise Beeker Larry Stutts Jo Powers Dale McKnight Barbara Ussery **Roy Watkins** Martha Brown Johnny Wilkinson Pam Tulbert Emily Moore

Friends & Family of the Congregation: David Clark (for Candace Jackson) Sandy Torrence (Stroke, sister of Toni Wheeler) Larry Abel (Stage 4 Cancer, brother of Mary Beth Edmiston) Larry Pruette (Cancer, friend of Candace Jackson) Pressley Cashion (Bladder Cancer, brother of Becky Hart) Don Smith (Cancer, Cousin of Kathy Bradshaw) Lisa Nelson (Breast Cancer, friend of congregation) Whitaker Raymer (Cancer, Missionary Child) Ellen Goldstein (Cousin of Becky Hart) Danny & Stephen Tulbert (Brothers of Bill Tulbert) Tina Davis (Cancer, friend of Edie Steele) Lauria Ann Slifko (Cancer, cousin of Mike Stacy)

Rita Purvis (Non-Hodgkin's Lymphoma, friend Brown Family)



GIVEN IN LOVING MEMORY OF...

WILLIAM "BILL" TULBERT

Rob, Kristi & Ethan Fallowes Betty Alexander Prospect Soup Kitchen Group Serendipity Circle Dianne Davis Helen & David Jenkins Barbara Usserv Bill & Becky Hart Sara C. Miller



Prospect Presbyterian Church New Family Life Center Fundraiser

We are selling: T-shirts (long & short sleeve) **Crew Sweatshirts**

Hoodies

Prices:

Sleeve T-shirts - \$_ Long Sleeve T-shirts - \$15.00 Crew Sweatshirts - \$20.00 Hoodies - \$25.00

For every X after Size XL add \$2.00 per X

Orders may be placed by calling or emailing the church office. Phone: 704-664-1514 Email: office@prospectpres.org

Please make the check payable to Prospect Presbyterian Church.

We have samples to look at!

SAVE A LIFE WITH HANDS-ONLY CPR

Hands-Only CPR is CPR without mouth-to-mouth breaths.

Use Hands-Only CPR on adults who suddenly collapse. Look for these signs:

- Sudden loss of consciousness or responsiveness
- No breathing
- No pulse



1 OUT OF 4

Americans say they've been in a situation where someone needed CPR.



Early CPR doubles a person's chances of surviving sudden cardiac arrest.

1:30

Every minute and a half. someone in the US goes into sudden cardiac arrest outside of a hospital.



IT WORKS

Hands-Only CPR can be just as effective as conventional CPR when it's delivered in the first few minutes of sudden cardiac arrest.

YOU CAN DO IT!

Don't be afraid to do CPR. It doesn't have to be perfect. and any CPR is better than none.



HELP! If you see someone who has collapsed:

- Call 911. Better yet, send someone else to do it so you can start CPR right away.
- Start Hands-Only CPR as soon as possible.
- Use an AED (automated external defibrillator) if there's one nearby. It can give the person's heart a shock if they need it.

HANDS-ONLY CPR IN 3 STEPS



1. GET IN POSITION

Kneel next to the person's neck and shoulders and place your hands over the center of their ches

2. PUSH HARD AND FAST

Push straight down into the person's chest, keeping the beat of disco classic "Stayin' Alive" or "I Will Survive" - a speed of about 100 pushes per minute.

3. DON'T STOP!

If you can, keep going until the person shows signs of movement or emergency workers take over. Get formal CPR training to help even more.

Learn more: CarolinasHealthCare.org/HeartCare

Sources: American Red Cross, American Floar, Association



Session News

Your Session had its regular stated meeting on January 16th at 7pm, moderated by Rev. Will Gipe.

- General fund balance on 12/31 of 40.785.
- 2020 budget passed unanimously amount of \$ 386,251.00
- New lights for education bldg on order
- Working with Duke Power on running additional lighting in parking lot without running overhead lines
- Building & Grounds Committee moving forward on getting scope of work and prices on doors and hardware for securing sanctuary with all doors opening outwards.
- Mission Committee sent donations in December to different charities and Camp Grier.
- Nurture & Care Committee has a lunch n learn planned for January 26th on vaping
- Nurture & Care Committee have a tentative lunch n learn planned for April 26th on caring for the caregiver.

Stewardship News

The Stewardship and Finance Committee would like to thank everyone for your generous pledges and offerings to support the work of Prospect in 2019. The Session adopted our proposed budget for 2020 totaling \$386,251at its January meeting which did not include an amount for debt service for our new Family Life Center. The amount borrowed will not exceed \$200,000 per vote of the Session. However, in the coming months we will be borrowing funds to complete the Family Life Center. Our hope is that borrowing can be kept at a minimum, but this will depend gifts received from the congregation. Wouldn't it be great not to have to borrow any money?

Your pledges of \$245,090 along with income from various funds, carryover funds from 2019, and additional offerings should allow us to meet our obligations for the coming year. If anyone has any questions concerning the budget, please feel free to contact Becky Hart or Bob Edmiston. We will be happy to answer them. We began using undated offering envelopes in 2018 to avoid ordering them each year. If you need envelopes for 2020, please contact the church office.

We are grateful for your support of the ministry of Prospect. You have given freely of yourselves and your gifts to support Mt. Ulla School, Hope of Mooresville, the Christian Mission, the Soup Kitchen, Rise Against Hunger, and funding for 2 wells in African addition to your pledges. We ask for your prayers for our Session, our pastor, and our church as we eagerly watch our new Family Life Center become a reality. We look forward to beginning a new year of serving our Lord and our community together.

ROWAN HELPING MINISTRIES Suggested Donation for February **Tuna Fish & Crackers**

December Financial Report

General	<u>Fund:</u>	
Monthly	Income	th

rough 12-31-19: \$46,697 Monthly Expenses through 12-31-19: \$27,167 Expenses Lesser than Income for month: \$19,530

Development Fund:

Ending Balance through 12-31-19: \$43,367 Family Life Center: Fund Balance: \$445,349

February is National Heart Month

Heart disease is the leading cause of death in both men and women in the US.

3 Major Signs of Heart Disease

- 1. Extreme fatigue
 - 2. Shortness of breath
 - 3. Loss in stamina

Take the time this February to learn more about your heart health. Talk to your doctor if you have any questions about signs and symptoms of heart disease. For more information about heart health, please visit

CarolinasHealthCare.org/HeartCare.

Heart of a Woman

Heart Disease Fact: 1 in 3 deaths each year among women is due to heart disease.

What can women do to lower their risk of heart disease?

- Monitor blood pressure, cholesterol, diabetes and weight
- Exercise 30 minutes a day, 3 times a week
- Eat a heart-healthy diet by choosing produce and whole grains, and by limiting fat and sodium
- Limit alcohol intake to 1 to 2 drinks a day
- Quit smoking

Men and Their Hearts

Did you know... More than 1 in 3 adult men have some form of cardiovascular disease?

Key heart disease risk factors for men

- Excessive alcohol use
- High blood pressure
- Physical inactivity
- Smoking Diabetes
- Poor diet and obesity

What can men do?

Learn the key heart disease risk factors for men, strive for a heart-healthy diet and aim to exercise at least 30 minutes a day, 3 times a week.

